

# WSDC THE NSW STATE TITLES

## Grade Restrictions

- Novice** A dancer with 2 years or less dance experience, little or no competition experience and have not placed first in a competition in their style of dance. Street clothes attire preferred. No lifts, drops permitted.
- Amateur** Competition Dancer who is a non-professional (doesn't receive payment)  
Dips, Slides and sweeps are permitted. No supported lifts, No flips. Lift permitted as an ending. .
- Open** Drops, Props, Slides and lifts/ aerials are permitted. Open to amateurs.
- 'Dancing Up'** Dancers are eligible to dance in their grade and open, in there given age category. (Dancing up an age category is not permitted unless permission has been granted prior to the event, and/or insufficient numbers in any given event).  
Novice may dance up to Amateur. Amateur may dance up to Open.

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## Categories

Please note The Rock 'n' Roll Events at this competition are accepting any of the following Styles. We have gone back to Mixed Styles Rock 'n' Roll for this competition. You will be judged on musical interpretation, no one style will be take precedent. Dancers can dance anyone of these styles in the event.

### ROCK'N'ROLL CATEGORIES

- Rock 'N' Roll** Basic actions to include any of the following: Tap Step/ Pressure Step, Kick Step (6 Beat), triple step. Majority of moves in 6 counts.
- Rockabilly** Basic actions are restricted to a 1 Bar Construction, footwork (4 count) Characteristics of the dance to be demonstrated. Blocks, Fig 8's, Anticlockwise etc
- Slow Swing** Basic actions include 4-beat, Triple Step, 6 beat, 8 beat, West Coast, East Coast, Slow Lindy permitted. Characteristics and musicality of the era to be interpreted.
- Lindy Hop** Lindy Hop Basic Patterns to include 4, 6, 8 counts and variations thereof, including Swing outs, Charlestons and Jazz Steps. Savoy Style, Dean Collins Style, character moves of the era and musicality is essential.
- Lift Work** Using any of the above footwork actions. This **Must** include entries and exits to and from lifts into combinations of moves. **Lift work is permitted** in open events. . No more than 5 lifts may be used in an open lift event. Rhythm, Timing and footwork all important aspects.
- Mix n Match** Dance with a Stranger. No partner required. All leads and all followers will be asked to take the floor whereupon during the course of the event the leads or the follows will be asked to rotate and change partners. This Dance will test the couples ability to lead and follow and musicality skills. The last standing best lead and follow is the winner of the event. Any style permitted.
- Pro am** Professional dancer with amateur ie: teacher with student.
- Adult/child** A "parent" or "adult" can dance with any child ie: adult with Minor or Junior as per age restrictions. No professionals permitted.
- Teams** A Team must have a minimum of 2 couples. Song choice maximum of 3 minutes. Any dance style permitted. Please supply music in mp3 format 2 weeks prior to the event.
- There is no age restriction within a team. Professionals may dance in Teams Event. Lifts dips permitted.

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## **Age Restrictions**

**Juniors:-** Both dancers must be thirteen (13) to sixteen (17 ) years. If you have turned eighteen (18) years of age, you are not eligible to dance in this category.

**Adult:-** Both dancers must be eighteen (18) years to forty five (45) years. If you have turned forty six (46) you are not eligible to dance in this category.

**Masters:-** Both dancers must be forty six (46) years and over.

**Should you not fit into one of these categories please email us for permission for example 12 years and under.**

**Please Note: Where there are insufficient couples to make up an event. Ages will be combined. We require 6 couples minimum in each Event.**

### **Age Restrictions but not limiting**

Junior 13-17 years

Adult 18-45 years

Masters 46 years and beyond

**ENQUIRIES 0414 938 623**

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